



**WOODLANDS  
PRIMARY  
ACADEMY**  
*Creative  
Education  
Trust*

4 January 2017

Dear Parent/Carer

This term the children will be discussing the NSPCC'S Underwear Rule in our PSHE lessons.

During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC'S Underwear Rule, using the "PANTS" acrostic which is green cross code for staying safe from sexual abuse.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lesson will introduce a range of ideas, all delivered in a way that's fully age-appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make feel uncomfortable or upset
- naming body parts
- who your child can turn to if they feel upset or worried

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with us, more information can be found at [nspcc.org.uk/underwearrule](http://nspcc.org.uk/underwearrule).

If you have any questions or concerns please don't hesitate to contact us.

Yours sincerely

Mrs S Mercer  
Headteacher

